

Lock it

Block it

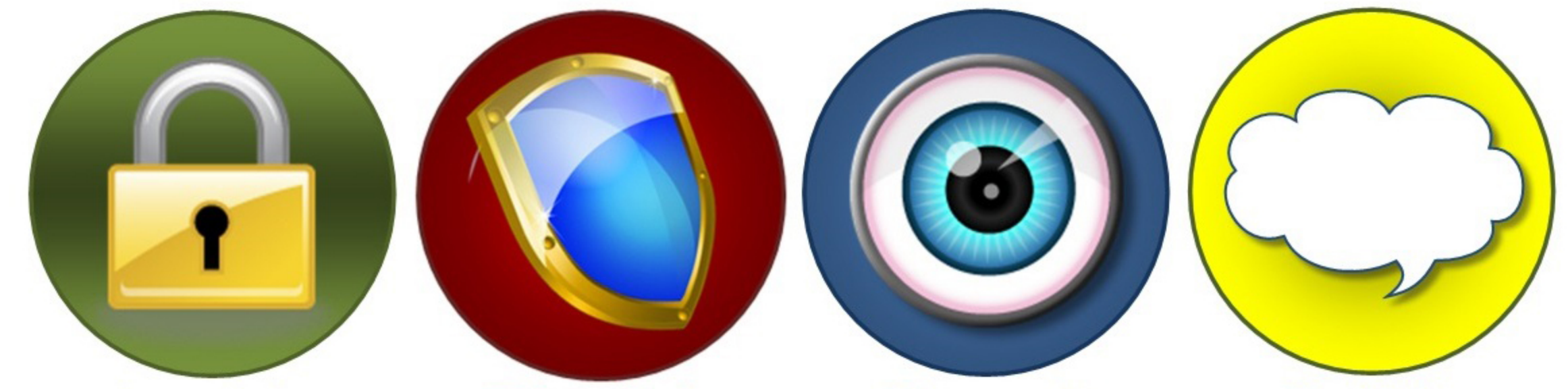
Show it

Tell it

Remember to **lock up** passwords in your head!

Don't tell anyone, even your friends, because if they know your password, they could see your files, or pretend to be you online.

It's OK to tell your parents or your teacher.



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Remember to **block** any rude or nasty messages.

In school, we can also block bad websites so that you stay safe.

Don't click on any [links](#) or download anything you're not sure about.



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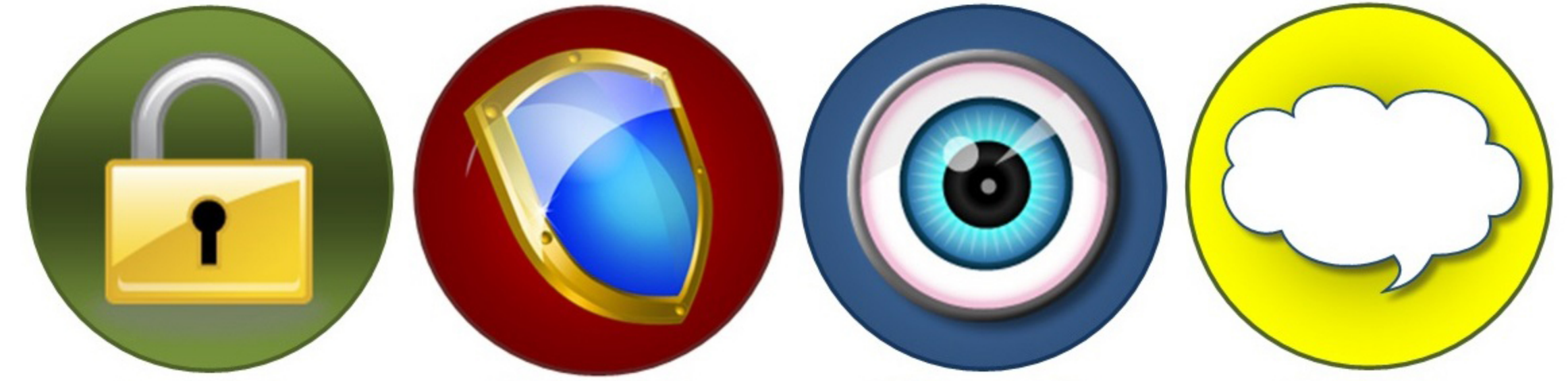
Show it

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Remember to **show** anything you don't like or think you shouldn't be looking at on the computer to an adult.

This could be a website, a picture, a video or a message.

You can make sure no-one else is upset by it.



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Remember to **tell** if you think you are being bullied online.

Cyberbullying is **just the same** as ordinary bullying.

It's horrible, but we can stop it together!