

ideal
MEALS
for
Schools

Term Two
OCT 30TH - DEC 22ND

WELCOME TO YOUR SCHOOL LUNCH SERVICE

Our menus offer a wide variety of tried & tested child-friendly recipes, that meet and often exceed the national standards for school lunches.

Full allergen information is available and special dietary requirements can be catered for. You can download each terms allergen information here [idealschoolmeals.co.uk/
allergen-advice](https://idealschoolmeals.co.uk/allergen-advice)

Should your child have a medically diagnosed allergy or health condition and you'd like to discuss what we can offer, please contact us.



**SIMPSONS
BUTCHERS**

Supporting the local economy and keeping food miles low is really important to us.

The renowned Simpsons Butchers, supply our high welfare meat, traceable right back to the farm.

JHULL
WHOLESALE
QUALITY FRESH PRODUCE

Jonathon Hull provides a large proportion of the fresh vegetables and potatoes used in our meals, many of which are grown in Lincolnshire.

Bloomsbury
BAKERY

This Grantham based company, managed by a Father and son, have been trading for over 30 years and supply all of our freshly baked bread rolls.

upcoming theme days



Bonfire Bonanza

FRI
3RD
NOV

Adding some extra sparkle to lunchtime today, with our fireworks themed menu choices

National School Meals Week 2023

6TH - 10TH
NOV

Celebrating 30 years of NSMW.

Monday - Launch Day

Tuesday - Come Dine with Us

Wednesday - National Roast Dinner Day

Thursday - Try Something New

Friday - Happy 30th Birthday National School Meals

FRI
17TH
NOV



BBC

Children in Need

The annual event that supports local charities and projects to help change the lives of disadvantaged children and young people all over the country.

WED
6TH
DEC

Elf
Day



Spreading some festive cheer whilst raising money and awareness for people affected by dementia. Our kitchen elves will be preparing our super popular brunch menu, followed by festive cookies.

Christmas Lunch

VARIOUS DATES

The most popular lunch of the year, showcasing traditional roast options and festive desserts. Check your school menu for dates and options.



	Monday 30th Oct	Tuesday 31st Oct	Wednesday 1st Nov	Thursday 2nd Nov	Friday 3rd Nov
Lunch Option 1	MSC Breaded Fishcake	Creamy Tomato Macaroni & Garlic Bread	Roast Turkey	Mild & Creamy Coconut Chicken Curry & Rice	Bonfire Bangers- (Simpsons Lincolnshire Sausage) & Fresh Bread Roll
Lunch Option 2	Breaded Vegetable Fingers	Mild Mexican Bean Wrap	Cheese & Broccoli Fritter	Cheese & Bacon Potato Shells	Ham & Cheese Puff Pastry Catherine Wheel
Lunch Option 3	Cheese & Tomato Pizza Baguette	Vegetable & Lentil Curry with Rice	Quorn Sausage Casserole	Macaroni Cheese	Cheese Puff Pastry Catherine Wheel
1, 2 & 3 served with	Herby Roast Potatoes, Spaghetti Hoops & Cucumber Slices	Mixed Vegetables	Mashed Potato & Mixed Vegetables	Mixed Vegetables	½ Buttered Baked Potato & BBQ Beans
Lunch Option 4	Jacket Potato with a selection of fillings	Jacket Potato with a selection of fillings	Jacket Potato with a selection of fillings	Jacket Potato with a selection of fillings	Jacket Potato with a selection of fillings
Lunch Option 5	Tuna Baguette	Cheese Baguette	Sliced Ham Baguette	Diced Chicken Mayo Baguette	Sliced Ham Baguette
4 & 5 served with	Served with Mixed Salad	Served with Mixed Salad	Served with Mixed Salad	Served with Mixed Salad	Served with Mixed Salad
Dessert Option D	Fruit Crumble & Custard	Chocolate Sponge & Chocolate Sauce	Fruit Salad & Squirty Cream	Tutti Frutti Biscuit	Toffee Sponge Cake with Buttercream
Dessert Option Y	Yeo Valley Organic Yoghurt	Yeo Valley Organic Yoghurt	Yeo Valley Organic Yoghurt	Yeo Valley Organic Yoghurt	Yeo Valley Organic Yoghurt
Dessert Option F	Fresh Fruit	Fresh Fruit	Fresh Fruit	Fresh Fruit	Fresh Fruit



National School Meals Week 2023

6th-10th
November



Monday
6th Nov

**Launch Day:
School Meal
Favourites**

**Lunch
Option 1**

Cheese &
Tomato Pizza
Slices

**Lunch
Option 2**

Quorn Cottage
Pie

**Lunch
Option 3**

Cheese Filled
Potato. Shells

1, 2 & 3
served with

Peas, Sweetcorn
& Ketchup

**Lunch
Option 4**

Jacket Potato
with a selection
of fillings

**Lunch
Option 5**

Tuna Mayo
Baguette

4 & 5
served with

Served with
Mixed Salad

**Dessert
Option D**

Oat Cookie

**Dessert
Option Y**

Yeo Valley
Organic Yoghurt

**Dessert
Option F**

Fresh Fruit

Tuesday
7th Nov

**Come Dine
with Us**

Bolognese Pasta

BBQ Pulled
Chicken, Fresh
Roll, Cheese &
Mayo

Mixed Bean
Burrito

Mixed
Vegetables

Jacket Potato
with a selection of
fillings

Cheese Baguette

Served with
Mixed Salad

Apple &
Raspberry
Sponge &
Custard

Yeo Valley
Organic Yoghurt

Fresh Fruit

Wednesday
8th Nov

**National Roast
Dinner Day**

Roast Beef

Vegetable Quiche

Homemade
Quorn Toad in
the Hole

Roast Potatoes &
Mixed
Vegetables

Jacket Potato
with a selection of
fillings

Sliced Ham
Baguette

Served with
Mixed Salad

Chocolate
Cracknel

Yeo Valley
Organic Yoghurt

Fresh Fruit

Thursday
9th Nov

**Try Something
New**

Chicken Breast
with Rice &
Optional Sweet &
Sour Sauce

Bacon Mac'
Cheese

Vegetable
Noodles

Mixed
Vegetables

Jacket Potato
with a selection of
fillings

Diced Chicken
Mayo Baguette

Served with
Mixed Salad

Carrot &
Mandarin
Sponge Cake

Yeo Valley
Organic Yoghurt

Fresh Fruit

Friday
10th Nov

**Happy 30th
Birthday National
School Meals**

Simpsons Beef
Burger, Fresh
Bloomsbury Roll &
Cheese

Tuna Pizza
Baguette

Quorn Sausage
Burger, Fresh
Bloomsbury Roll &
Cheese

Baked Beans &
Salad Platter

Jacket Potato
with a selection of
fillings

Sliced Ham
Baguette

Served with
Mixed Salad

Vanilla Sprinkle
Sponge Cake

Yeo Valley
Organic Yoghurt

Fresh Fruit



Children in Need



Anti-Bullying Week 2023

MONDAY 13TH TO FRIDAY 17TH NOVEMBER



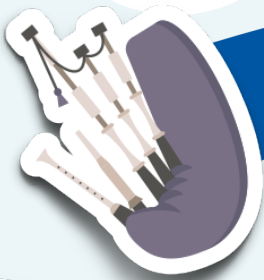
	Monday 13th Nov	Tuesday 14th Nov	Wednesday 15th Nov	Thursday 16th Nov	Friday 17th Nov
Lunch Option 1	Macaroni Cheese & Crusty Bread	Beef Cottage Pie	Roast Chicken & Roast Potatoes	Cheese & Tomato Chicken Melt & Buttered Baked Potato	Pudsey Spotty Pepperoni Pizza
Lunch Option 2	Salmon & Potato Bake	Hunters Chicken Pasta	Creamy Tomato Pasta	Mega Mild Beef Chilli & Rice	Breaded Chicken Grill
Lunch Option 3	Creamy Coconut Vegetable Curry & Rice	Stuffed Pepper in Tomato Sauce	Puff Pastry Quorn Sausage Roll & Roast Potatoes	Cheese Topped Veggie Cottage Pie	Quorn Dippers
1, 2 & 3 served with	Mixed Vegetables	Mixed Vegetables	Mixed Vegetables	Mixed Vegetables	Curly Fries, Spaghetti Hoops & Salad Platter
Lunch Option 4	Jacket Potato with a selection of fillings	Jacket Potato with a selection of fillings	Jacket Potato with a selection of fillings	Jacket Potato with a selection of fillings	Jacket Potato with a selection of fillings
Lunch Option 5	Tuna Mayo Baguette	Cheese Baguette	Sliced Ham Baguette	Diced Chicken Mayo Baguette	Sliced Ham Baguette
4 & 5 served with	Served with Mixed Salad	Served with Mixed Salad	Served with Mixed Salad	Served with Mixed Salad	Served with Mixed Salad
Dessert Option D	#BeKind Shortbread Biscuits	Strawberry Jelly with Diced Peaches	Toffee Sponge Cake with Buttercream	Flapjack Finger & Melon Slice	Pudsey Spotty Vanilla Sponge Cake
Dessert Option Y	Yeo Valley Organic Yoghurt	Yeo Valley Organic Yoghurt	Yeo Valley Organic Yoghurt	Yeo Valley Organic Yoghurt	Yeo Valley Organic Yoghurt
Dessert Option F	Fresh Fruit	Fresh Fruit	Fresh Fruit	Fresh Fruit	Fresh Fruit



TACO TUESDAY



	Monday 20th Nov	Tuesday 21st Nov	Wednesday 22nd Nov	Thursday 23rd Nov	Friday 24th Nov
Lunch Option 1	Creamy Tomato Macaroni & Garlic Bread	Mega Mild Mexican Chicken, Tortilla Wrap & Rice	Roast Pork	Beef Lasagne	MSC Fish Fingers
Lunch Option 2	Nut Free Pesto Pasta	Potato Taco Skins with Mega Mild Beef Chilli	Breaded Vegetable Fingers & Ketchup	Spinach, Tomato & Egg Muffins with Baby Potatoes	Cheese, Broccoli & Bacon Hot Pot
Lunch Option 3	Quorn Cottage Pie	Mega Mild Mexican Beans, Tortilla Wrap & Rice	Cheese Puff Pastry Whirl	Vegetable Lasagne	Homemade Vegetable Quiche
1, 2 & 3 served with	Mixed Vegetables	Rainbow Salad Platter	Mashed Potato & Mixed Vegetables	Mixed Vegetables	Mashed Potato & Baked Beans
Lunch Option 4	Jacket Potato with a selection of fillings	Jacket Potato with a selection of fillings	Jacket Potato with a selection of fillings	Jacket Potato with a selection of fillings	Jacket Potato with a selection of fillings
Lunch Option 5	Tuna Mayo Baguette	Cheese Baguette	Sliced Ham Baguette	Diced Chicken Mayo Baguette	Sliced Ham Baguette
4 & 5 served with	Served with Mixed Salad	Served with Mixed Salad	Served with Mixed Salad	Served with Mixed Salad	Served with Mixed Salad
Dessert Option D	Cocoa Oat Cookie	Apple Crumble & Custard	Tutti Frutti Biscuit	Chocolate Cracknel	Fruit Salad & Squirty Cream
Dessert Option Y	Yeo Valley Organic Yoghurt	Yeo Valley Organic Yoghurt	Yeo Valley Organic Yoghurt	Yeo Valley Organic Yoghurt	Yeo Valley Organic Yoghurt
Dessert Option F	Fresh Fruit	Fresh Fruit	Fresh Fruit	Fresh Fruit	Fresh Fruit



ST ANDREW'S DAY

FRIDAY 30TH NOVEMBER



Monday
27th Nov

Tuesday
28th Nov

Wednesday
29th Nov

Thursday
30th Nov

Friday
1st Dec

Lunch
Option 1

Macaroni
Cheese & Garlic
Bread

Puff Pastry
Sausage Roll

Mild & Creamy
Coconut Chicken
Curry & Rice

Roast Chicken &
Roast Potatoes

MSC Battered Fish

Lunch
Option 2

Mild Vegetable
Chilli & Baked
Potato

Pepperoni Pizza
Baguette

Beef Cottage Pie

Bacon Mac'
Cheese

Grilled Cheese
Toastie

Lunch
Option 3

Cheese Topped
Veggie Cottage
Pie

Breaded Quorn
Dippers

Vegetable &
Lentil Curry with
Rice

Quorn Sausage
Casserole & Roast
Potatoes

Cheese & Broccoli
Fritter

1, 2 & 3
served with

Mixed
Vegetables

Mashed Potato &
Baked Beans

Mixed
Vegetables

Mixed
Vegetables

Diced Roast
Potatoes, Peas &
Ketchup

Lunch
Option 4

Jacket Potato
with a selection
of fillings

Jacket Potato
with a selection of
fillings

Jacket Potato
with a selection of
fillings

Jacket Potato
with a selection of
fillings

Jacket Potato
with a selection of
fillings

Lunch
Option 5

Tuna Mayo
Baguette

Cheese Baguette

Sliced Ham
Baguette

Diced Chicken
Mayo Baguette

Sliced Ham
Baguette

4 & 5
served with

Served with
Mixed Salad

Served with
Mixed Salad

Served with
Mixed Salad

Served with
Mixed Salad

Served with
Mixed Salad

Dessert
Option D

Butterscotch
Cookie

Chocolate
Sponge &
Chocolate Sauce

Orange Jelly with
Mandarins

St Andrew's Day
Shortbread
Finger

Carrot &
Mandarin Sponge
Cake

Dessert
Option Y

Yeo Valley
Organic Yoghurt

Yeo Valley
Organic Yoghurt

Yeo Valley
Organic Yoghurt

Yeo Valley
Organic Yoghurt

Yeo Valley
Organic Yoghurt

Dessert
Option F

Fresh Fruit

Fresh Fruit

Fresh Fruit

Fresh Fruit

Fresh Fruit





	Monday 4th Dec	Tuesday 5th Dec	Wednesday 6th Dec	Thursday 7th Dec	Friday 8th Dec
Lunch Option 1	Creamy Tomato Macaroni & Garlic Bread	Chicken Breast with Rice & Optional Sweet & Sour Sauce	The Ideal Brunch - Sausage, Hash Brown & Mini Bread Roll	MSC Fish Cake	Bolognese Pasta
Lunch Option 2	Quorn & Vegetable Cottage Pie	Nut Free Pesto Pasta	MSC Fish Fingers, Fresh Roll, Cheese & Mayo	Cauliflower & Broccoli Cheese Bake	BBQ Pulled Chicken, Fresh Roll, Cheese & Mayo
Lunch Option 3	Mild Mexican Bean Wrap	Quorn Balls in Tomato Sauce with Rice	Veggie Brunch - Tomato & Egg Muffins Hash Brown & Mini Bread Roll	Quorn Puff Pastry Sausage Roll & Roast Potatoes	Quorn Bolognese Pasta
1, 2 & 3 served with	Mixed Vegetables	Mixed Vegetables	Baked Beans	Mashed Potato, Spaghetti Hoops & Cucumber Slices	Mixed Vegetables
Lunch Option 4	Jacket Potato with a selection of fillings	Jacket Potato with a selection of fillings	Jacket Potato with a selection of fillings	Jacket Potato with a selection of fillings	Jacket Potato with a selection of fillings
Lunch Option 5	Tuna Mayo Baguette	Cheese Baguette	Sliced Ham Baguette	Diced Chicken Mayo Baguette	Sliced Ham Baguette
4 & 5 served with	Served with Mixed Salad	Served with Mixed Salad	Served with Mixed Salad	Served with Mixed Salad	Served with Mixed Salad
Dessert Option D	Banana & Chocolate Custard	Tutti Frutti Sponge & Custard	Elf Day Festive Cookies	Mango & Vanilla Sponge Cake	Strawberry Mousse & Melon Slice
Dessert Option Y	Yeo Valley Organic Yoghurt	Yeo Valley Organic Yoghurt	Yeo Valley Organic Yoghurt	Yeo Valley Organic Yoghurt	Yeo Valley Organic Yoghurt
Dessert Option F	Fresh Fruit	Fresh Fruit	Fresh Fruit	Fresh Fruit	Fresh Fruit



	Monday 11th Dec	Tuesday 12th Dec	Wednesday 13th Dec	Thursday 14th Dec	Friday 15th Dec
Lunch Option 1	Cheese & Tomato Pizza Slices	Beef Cottage Pie	Breaded Chicken Grill	Mega Mild Beef Chilli with Rice	Hunters Chicken Pasta
Lunch Option 2	Nut Free Pesto Pasta	Chicken, Leek & Potato Pie with Mashed Potato	Crustless Salmon Quiche	Stuffed Pepper in Tomato Sauce	Cheese & Tomato Pasta Bake
Lunch Option 3	Spinach, Tomato & Egg Muffins with Baby Potatoes	Cheese Filled Potato Shells	Crustless Vegetable Quiche	Vegetable Lasagne	Quorn Sausage & Vegetable Hot Pot
1, 2 & 3 served with	Peas, Sweetcorn & Ketchup	Mixed Vegetables	Mashed Potato & Baked Beans	Mixed Vegetables	Mixed Vegetables
Lunch Option 4	Jacket Potato with a selection of fillings	Jacket Potato with a selection of fillings	Jacket Potato with a selection of fillings	Jacket Potato with a selection of fillings	Jacket Potato with a selection of fillings
Lunch Option 5	Tuna Mayo Baguette	Cheese Baguette	Sliced Ham Baguette	Diced Chicken Mayo Baguette	Sliced Ham Baguette
4 & 5 served with	Served with Mixed Salad	Served with Mixed Salad	Served with Mixed Salad	Served with Mixed Salad	Served with Mixed Salad
Dessert Option D	Chocolate Cracknel	Marble Sponge with Buttercream	Strawberry Jelly with Diced Peaches	Flapjack Finger & Melon Slice	Toffee Sponge Cake with Buttercream
Dessert Option Y	Yeo Valley Organic Yoghurt	Yeo Valley Organic Yoghurt	Yeo Valley Organic Yoghurt	Yeo Valley Organic Yoghurt	Yeo Valley Organic Yoghurt
Dessert Option F	Fresh Fruit	Fresh Fruit	Fresh Fruit	Fresh Fruit	Fresh Fruit



	Monday 18th Dec	Tuesday 19th Dec	Wednesday 20th Dec
Lunch Option 1	Macaroni Cheese & Crusty Bread	Christmas Lunch Option 1: Christmas Lunch Roast Turkey & Stuffing Option 2: Roast Beef & Yorkshire Option 3: Christmas Vegetable Pie All served with Roast Potatoes, Parsnips, Mixed Vegetables & Optional Gravy Dessert: Chocolate Yule Log	MSC Fish Fingers
Lunch Option 2	Mild Vegetable Chilli & Baked Potato		Quorn Sausage Burger
Lunch Option 3	Mixed Bean Burrito		Quorn Fish Fingers
1, 2 & 3 served with	Mixed Vegetables		Curly Fries & Baked Beans
Lunch Option 4	Jacket Potato with a selection of fillings		Jacket Potato with a selection of fillings
Lunch Option 5	Tuna Mayo Baguette		Sliced Ham Baguette
4 & 5 served with	Served with Mixed Salad		Served with Mixed Salad
Dessert Option D	Oat Cookie		Vanilla Sprinkle Sponge Cake
Dessert Option Y	Yeo Valley Organic Yoghurt		Yeo Valley Organic Yoghurt
Dessert Option F	Fresh Fruit		Fresh Fruit

WE LOVE TO TALK ABOUT WHAT WE CAN OFFER YOUR CHILDREN

We are always on hand to
answer any questions in relation to our service.

Contact us at any time using the details below.

TELEPHONE
01522 246424

EMAIL
ENQUIRIES@IDEALSCHOOLMEALS.CO.UK

Follow us on social media.
It's a great way to see some of the meal options on offer.



@idealschoolmeals



@mealsideal



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