

# welcome to our term 4 Menu!

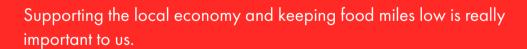
Our menus offer a wide variety of tried & tested child-friendly recipes, that meet and often exceed the national standards for school lunches.

Full allergen information is available and special dietary requirements can be catered for. You can download the allergen information here idealschoolmeals.co.uk/allergen-advice

Should your child have a medically diagnosed allergy or health condition and you'd like to discuss what we can offer, please contact us.







We're fortunate to have worked with two main, local suppliers from the outset.



The renowned Simpsons Butchers, supply our high welfare meat, traceable right back to the farm.

Jonathon Hull provides a large proportion of the fresh vegetables and potatoes used in our meals, many of which are grown in Lincolnshire.



More recently, we have started working with the fantastic team over at Bloomsbury Bakery. This Grantham based company, managed by a Father and son, have been trading for over 30 years.

### upcoming Theme Days

# Cancake Day

TUESdAY 20<sup>TH</sup> February

The changing date of pancake day can get rather confusing, and absolutely no one wants to miss out on this annual food event.

Whether you missed it during the half term break, or your child simply can't get enough of this seriously yummy dessert, we've got it covered.

### TACO TUESDAY

TUESdAY 27TH February

Taco Tuesday has become a regular and incredibly popular feature on our menu, following a suggestion put forward during an academy council meeting.

Feedback from the children, school staff, parents and carers, matters to us and helps us give you our best.

Do you have feedback or ideas to share? Drop us a line on enquiries@idealschoolmeals.co.uk





BOOK DAY

7th March

The annual celebration of authors, illustrators, books, and the joy of reading, is back. We've created our menu around popular children's books, to help extend the theme throughout the school day.

Stay tuned for our World Book Day competition!



FriDay ISTH March

We're red nose ready and joining people up and down the UK to show that smiles have the power to change lives.

Our popular brunch lunch options, and red nose cookies, feature on todays menu.

wednesday 20<sup>TH</sup> March

Spring ?

The Spring Equinox officially brings us out of winter, and starts the season of spring.

It's time to celebrate the return of warmer days and lighter nights.

Thursday 28TH March

### Easter Lunch

Our early Easter lunch, is full of the joys of spring. With tradtional roast lunch options and a special Easter dessert to follow.

We look forward to seeing some of our children for the fantastic Easter HAF activites.

Happy holidays!





	Monday 26th Feb	Tuesday 27th Feb	Wednesday 28th Feb	Thursday 29th Feb	Friday 1 st Mar
Lunch Option 1	Cheese & Tomato Pizza Slices & Ketchup	Mega Mild Mexican Chicken, Tortilla Wrap & Rice	Bolognese Pasta	Roast Chicken & Diced Roast Potatoes	Simpsons Puff Pastry Sausage Roll
Lunch Option 2	Nut Free Pesto Pasta	Sloppy Joe Potato Skins - Mild Chilli & Cheese Melt	Creamy Chicken Cottage Pie	Tuna & Sweetcorn Pasta Bake	Mild Peri Peri Chicken
Lunch Option 3	Potato & Vegetable Curry & Rice	Quorn Sloppy Joe Potato Skins - Mild Quorn Chilli & Cheese Melt	Ratatouille Pasta	Quorn Sausage & Diced Roast Potatoes	Cheese & Egg Toasted Wrap
1, 2 & 3 served with	Peas, Sweetcorn & Carrots	Rainbow Salad Platter	Mixed Vegetables	Mixed Vegetables	Mashed Potato & Baked Beans
Lunch Option 4	Jacket Potato with a selection of fillings	Jacket Potato with a selection of fillings	Jacket Potato with a selection of fillings	Jacket Potato with a selection of fillings	Jacket Potato with a selection of fillings
Lunch Option 5	Tuna Mayo Baguette	Cheese Baguette	Sliced Ham Baguette	Cheese Baguette	Sliced Ham Baguette
4 & 5 served with	Served with Mixed Salad	Served with Mixed Salad	Served with Mixed Salad	Served with Mixed Salad	Served with Mixed Salad
Dessert Option D	Oat Cookie	Jelly & Melon Slice	Toffee Sponge & Custard	Chocolate Cracknel	Carrot Cake & Orange Wedge
Dessert Option Y	Yeo Valley Organic Yoghurt	Yeo Valley Organic Yoghurt	Yeo Valley Organic Yoghurt	Yeo Valley Organic Yoghurt	Yeo Valley Organic Yoghurt
Dessert Option F	Fresh Fruit	Fresh Fruit	Fresh Fruit	Fresh Fruit	Fresh Fruit





## RED NOSE DAY

Lunch Option 1 Monday

11th Mar

**Creamy Tomato** 

Pasta & Garlic

Bread

Veggie Pizza

Baguette &

Ketchup

Potato &

Vegetable Curry

with Rice

Vegetables

Jacket Potato

with a selection

of fillings

Tuna Mayo

Baguette

Served with

Mixed Salad

Cocoa Oat

Cookie

Yeo Valley

Organic Yoghurt

Lunch Option 2

Lunch Option 3

1, 2 & 3 served with

Lunch Option 4

Lunch
Option 5

4 & 5

Dessert Option D

Dessert Option Y

Dessert Option F - 1 - .

Fresh Fruit

Tuesday 12th Mar

Mega Mild & Creamy Coconut Chicken Curry & Rice

Ham & Cheese Potato Shells

Quorn Sausage, Bean & Mash Pie

> Mixed Vegetables

Jacket Potato with a selection of fillings

Cheese Baguette

Served with Mixed Salad

Jelly & Diced Peaches

Yeo Valley Organic Yoghurt

Fresh Fruit

Wednesday 13th Mar

Roast Gammon

Br<mark>eaded</mark>
Vegetable Fingers
& Ketchup

Cheese Puff Pastry Whirl

Mashed Potato & Mixed Veg<mark>etables</mark>

Jacket Potato with a selection of fillings

> Sliced Ham Baguette

Served with Mixed Salad

Flapjack & Orange Wedge

Yeo Valley Or<mark>ganic Yogh</mark>urt

Fresh Fruit

Thursday 14th Mar

Beef Lasagne

Chicken & Rice Burrito

Vegetable Lasagne

Mixed Vegetables

Jacket Potato with a selection of fillings

**Cheese Baguette** 

Served with Mixed Salad

Toffee Sponge & Custard

Yeo Valley Organic Yoghurt

Fresh Fruit

Friday 15th Mar

Red Nose Day Brunch Sausage, Hash Brown & Mini Roll

Cheese & Bacon Brunch Wrap

Veggie Brunch Egg Muffins, Hash Brown & Mini Roll

**Baked Beans** 

Jacket Potato
with a selection of
fillings

Sliced Ham Baguette

Served with Mixed Salad

Red Nose Shortbread

Yeo Valley Organic Yoghurt

Fresh Fruit





THURSDAY 28TH MARCH

	Monday 25th Mar	Tuesday 26th Mar	Wednesday 27th Mar	Thursday 28th Mar			
Lunch Option 1	Macaroni Cheese & Bread Selection	Breaded Fish Fingers	Bolognese Pasta	Easter Lunch - Roast Chicken			
Lunch Option 2	Savoury Quorn Mince in Gravy & Yorkshire Pudding	Gammon Ham	Creamy Chicken Cottage Pie	Salmon Quiche			
Lunch Option 3	Mild Mexican Bean Wrap	Cauliflower & Broccoli Cheese Bake	Vegetable Lasagne	Spring Vegetable Quiche			
1, 2 & 3 served with	Mixed Vegetables	Mashed Potato & Baked Beans	Mixed Vegetables	Diced Roast Potatoes, Stuffing, Peas & Carrots			
Lunch Option 4	Jacket Potato with a selection of fillings	Jacket Potato with a selection of fillings	Jacket Potato with a selection of fillings	Jacket Potato with a selection of fillings			
Lunch Option 5	Tuna Mayo Baguette	Cheese Baguette	Sliced Ham Baguette	Cheese Baguette			
4 & 5 served with	Served with Mixed Salad	Served with Mixed Salad	Served with Mixed Salad	Served with Mixed Salad			
Dessert Option D	Tutti Frutti Cookie	Jelly & Melon Slice	Vanilla Sponge & Chocolate Custard	Easter Chocolate Brownie			
Dessert Option Y	Yeo Valley Organic Yoghurt	Yeo Valley Organic Yoghurt	Yeo Valley Organic Yoghurt	Yeo Valley Organic Yoghurt			
Dessert Option F	Fresh Fruit	Fresh Fruit	Fresh Fruit	Fresh Fruit			

Friday 29th Mar

# we Love To Talk aBout What we Can offer your Children

We are always on hand to answer any questions in relation to our service.

Contact us at any time using the details below.

# TELEPHONE **01522 246424**

#### EMAIL ENQUIRIES@IDEALSCHOOLMEALS.CO.UK

Follow us on social media. It's a great way to see some of the meal options on offer.







